



Children of Prins Willem-Alexander Primary School in one of the Art of Living sessions. (John Halley photo)

## Art of Living teaches serenity at Prins Willem-Alexander School

ST. PETERS--Calm, peace and the art of breathing correctly for a better life were among the teachings pupils of Prins Willem-Alexander Primary School were exposed to in a free Art of Living course.

The course, conducted by the locally established Art of Living Foundation, started on Monday and will continue at the school until Thursday. Teachers are also involved in the course. This is the second week of courses.

According to the foundation, teachers who are under the pressure to constantly perform in a stressful environment learned techniques to calm themselves and their pupils.

The pupils were given simplified knowledge points, taught Yoga postures and breathing techniques by foundation volunteers. "The result was a calmer, friendlier and more productive environment."

Most of the faculty were

surprised with the positive impact on the children in such a short period of time, said Foundation President Ashok Aswani.

Volunteers were excited to be part of this community service project. "It is truly a joy to watch and participate in the growth of these children and uplifting of the teachers," according to the foundation.

To learn more about the Art of Living courses, call 526-5688.

## Dutch brass band to play during Heineken Regatta

PHILIPSBURG--Brass band De Kikvorschen from the Dutch city Den Bosch will be visiting St. Maarten from February 28 until March 5 to perform at various Heineken Regatta parties and gatherings.

The brass band, which name is derived from the Dutch word for frogs, describes itself as a "comical folkloristic" brass band. The band is wearing traditional clothing worn in the southern Dutch province Noord-Brabant in the late 1800s and early 20th century.

The link with the Heineken Regatta was easily made, because Den Bosch is home

to one of Heineken's largest export breweries.

Normally, the band members' wives accompany their husbands on their travels, entertaining the crowd with traditional dances. However, the ladies will not be travelling to St. Maarten, because "they have to stay at home peeling and cooking potatoes," as band spokesperson Lucien Teurlings stated.

De Kikvorschen date back from 1927. Since 1930, they are the official Carnival band of Den Bosch, during which the city, home to one of the largest Carnival celebrations in The Netherlands, is renamed

Oeteldonk.

The band not only performs at fairs, parties and festivals throughout the Netherlands, but also abroad. The band played at the Dutch pavilion during the 2010 World Expo in Shanghai, China.

Other remarkable performances include a concert with Duke Ellington, and concerts at the start of the Tour de France bike race, the Berliner Woche in the German capital, as well as a concert marking the 2000th anniversary of Paris.

The band performed in Ireland, Israel and San Remo, and also made an 11-day tour in Canada.



De Kikvorschen brass band.

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Education: HBO Opleiding/College/  
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Salary: Dependant on Experience

#### JOB FUNCTIONS

- Project Manager
- PR & Marketing
- Development of Programs
- Grant proposal writing and reporting
- Administration
- Human Resources
- Manage small staff

#### FOUNDATION INFORMATION

Foundation Social Workplace Saba (FSWS)  
The Eugenius Johnson Centre  
Windwardside  
Saba, Dutch Caribbean

Phone: 4163312 ext 109  
Email: sw.saba@yahoo.com

Send your application and resume to attn.  
Lisa Hassell, Chairlady FSWS

#### ADDED VALUES

- Dutch and Spanish a plus but not mandatory
- Understanding and compassion to individuals' social and economic standing

#### JOB REQUIREMENTS

- Analytical and communicative skills
- Work experience in an office setting and managing others
- Computer Skills essential
- Experience in project applications and reporting
- Comprehension and familiarity with legal components pertaining to the educational field
- Team building skills
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Deadline for submission is Friday February 16th 2012



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